



Vitals

MSNA Newsletter, October 2010

Greetings from the MSNA President

Special points of interest:

- Greetings from the state president.
- Meet the 2010-11 executive board!
- Featured Board Member
- MSNA at Minnesota Nurses Association 2010 Convention



Hello from the MSNA board! We hope your school year has gotten off to a great start! My name is Stephanie Revermann and I am a senior at the College of St. Benedict in St. Joseph, MN and will be graduating this coming May with my BSN. I am active at my school through being a board member in our school nursing club, a nursing mentor to other nursing students, a teaching assistant in our nursing program, and a member of our AKS service sorority on campus.

Our MSNA board has been very busy since we took office in April. We kicked off the year by traveling down to Orlando, Florida in April to participate in the National Student Nurses Association national convention. We heard from powerful nursing leaders and had the chance to meet nursing students from all over the country to hear what they have been doing within their organizations.

Our board has the opportunity to attend the Minnesota Nurses Association convention in Duluth in October and the National Student Nurses Association Mid-Year Convention in Cincinnati, Ohio in November. We are all looking forward to these opportunities to learn more about nursing and how we can expand our organization.

Mark your calendars for our annual MSNA State Convention on February 19th, 2011. You will be receiving more information from us in the future about this event. We look forward to seeing you there!

Our North and South Regional Directors have been hard at work contacting schools in Minnesota. If you have not yet had the pleasure from hearing from one of our board members and would like more information about MSNA and how you can be involved, do not hesitate to contact me by e-mail at revermann.msna@gmail.com.

Hope you are all having a great school year!

Stephanie Revermann, MSNA State President

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2010-2011 Executive Board Members

Did you know?

*The MSNA
2010*

*Convention
drew close to
100 nursing
students from
around the
state of MN!*

Save the date!

*The MSNA
State
Convention
will be held
February 19th,
2011 at St.
Paul College,
St Paul MN!*

President
Stephanie
Revermann

College of Saint
Benedict Saint John's
University



**Secretary
Treasurer**
Betsy Richter

U of M Rochester



**Northern Regional
Director**
Hailey Pearson

College of Saint
Benedict Saint
John's University



**Southern Regional
Director**
Josh Wallenstein

Winona State
University



Convention Chair
Mona Shirazi

College of Saint
Benedict Saint
John's University



**Communications
Director**
Jaime Stanczyk

U of M Rochester

Featured Board Member: Betsy Richter

Hello, my name is Betsy Richter and I am very proud to serve on this year's MSNA Board as the secretary and treasurer. I attend nursing school at the University of Minnesota on the Rochester campus. In addition to my MSNA role I also serve on the Nursing College Board at my school. I enjoy organizing volunteer opportunities for students to give back to the local community. I work part time at Mayo Clinic as a Certified Clinical Hemodialysis Technician in an outpatient dialysis unit. I hope to pursue a future nursing role working with pediatric and adolescent patients. I have an interest in the nurse educator role as I enjoy teaching people about their health and promoting self management.

MSNA at the Minnesota Nurses Association Convention

On October 17th-18th, 2010 several members of the MSNA Board of Directors had the opportunity to attend the Minnesota Nurses Association (<http://www.mnnurses.org/>) annual convention in Duluth, MN. While there, the board members spent time discussing professional nursing issues with the MNA members during a

luncheon meeting. Later that evening, three board members, Stephanie Revermann, Betsy Richter and Josh Wallenstein were awarded with a student scholarship from MNA at the annual scholarship dinner. The highest honor of all, however, was when MSNA Secretary-Treasurer, Betsy Richter, had the opportunity to

address the MNA House of Delegates and speak about the mission of MSNA. Ms. Richter's speech stressed MSNA's foci on community involvement and student nurse leadership development through our upcoming convention and corresponding Counsel of State Leaders. MSNA leadership felt that the attending and speaking at

the convention was a positive step in furthering MSNA's footprint in professional nursing in the state of Minnesota. ~



Posing with MNA President Linda Hamilton.



Betsy Richter, Josh Wallenstein and Stephanie Revermann at annual the scholarship dinner. They were among 10 students honored that night.

October 18th, 2010: MSNA Secretary Treasurer Betsy Richter addresses the MNA House of Delegates.



**MINNESOTA
STUDENT NURSES
ASSOCIATION**

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We're on the Web!

See us at:

<http://www.minnesotasna.org>



Find us on
Facebook

Have a story or nursing school organization you would like to see featured in Vitals?

Email

stanczyk.msna@gmail.com



How to become a member of NSNA/MSNA

1. Go to www.nсна.org
2. Click on Member Services/Join or Renew
3. Fill out your name and address
4. \$30 for your first year of membership
5. NSNA will contact you through e-mail and post mail
6. Membership at the national level automatically gives you state membership!

Benefits of Becoming a member...

What are the benefits of being a member of NSNA/MSNA?

- Nursing Journal Subscription discount
- Nursing apparel discount (visit www.allheart.com)
- Study Tools Discount (including publication

discounts)

Pass NCLEX RN (online at www.nсна.org)

Barnes & Noble 10% off Discount

For more information visit:

<http://www.nсна.org/Portals/0/Skins/NSNA/pdf/BenefitsWeb.pdf>

About MSNA...

MSNA is a pre-professional organization that helps prepare future nurses for their professional roles. Board members serve a term of one year from April 1 – March 31st. Elections are held at the annual convention. Watch the website for more information on becoming a board member in MSNA.



April 9, 2010: MSNA Board at the NSNA National Convention in Orlando, FL!