



# Vitals

The official newsletter of the MSNA State Chapter.

March 21st, 2011

[www.minnesotasna.org](http://www.minnesotasna.org)

## Greetings from the MSNA President!

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February was a busy month for MNSA! On February 19th we hosted our largest convention in recent history for the nursing students of Minnesota, Following that success, we were **invited to speak on our membership's behalf at both the Minnesota Organization of Leaders in Nursing's Day at the Capitol and the Minnesota Nurses Association Day on the Hill!** As MSNA president, I was honored to represent our members and speak with these prestigious professional nursing organizations about MSNA's accomplishments and future direction.

Even though my term is nearing its end, please do not hesitate to contact me with any questions or concerns at my e-mail [revermann.msna@gmail.com](mailto:revermann.msna@gmail.com). Our current board is working with your new representatives to make the transition as smooth as possible. It has been a pleasure to serve you for this past year and I wish you all luck in your nursing journey!

Sincerely,

Stephanie Revermann, 2010-2011 MSNA President

## 2011 Convention Specialty Nursing Panel



## 2011 Convention Highlights

### Vitals

*Reminder!*

*MSNA is on facebook!*

*Find us at*

*<http://>*

*[www.facebook.com/](http://www.facebook.com/)*

*[#!/pages/Minnesota-](https://www.facebook.com/pages/Minnesota-Student-Nurses-Association/110948958939645)*

*[Student-Nurses-](https://www.facebook.com/pages/Minnesota-Student-Nurses-Association/110948958939645)*

*[Association/1109489](https://www.facebook.com/pages/Minnesota-Student-Nurses-Association/110948958939645)*

*[58939645](https://www.facebook.com/pages/Minnesota-Student-Nurses-Association/110948958939645)*

- Attendance: 169 Students from 22 Nursing Schools State-wide!
- Rave Reviews for Keynote Speaker Janet Izzo
- **Speaker Lisa Thomas' Tips on Nursing Resume Preparation**
- Individualized Resume Review
- 11 Member Specialty Panel of Nursing Experts Q&A
- Entertaining and Beneficial Hurst NCLEX Review Session
- Three Halls worth of Vendors, Employers and Nursing-Related Organizations

Thank you for attending!

**See you at next year's convention!**



February 19th, 2011: MSNA Board members pose with Keynote Speaker, Janet Izzo. L to R: Jaime Stanczyk, Betsy Richter, Hailey Pearson, Mona Shirazi (back row), Janet Izzo, RN, Stephanie Revermann and Josh Wallenstein

President- Ashley Mulvihill, University of Minnesota Rochester

Secretary/Treasurer- Marie Smith, University of Minnesota Rochester

Director of Communications- Stephanie Pasch, University of Minnesota Rochester

Regional Director (North)- Jodie Brueske, Herzing University

Regional Director (South)- Amanda Bentz, Winona State University Rochester

Convention Chair- Whitney Jack, University of Minnesota Rochester

Breakthrough to Nursing- **Sheila Lungay, College of Saint Benedict Saint John's University**

\*The 2011-2012 Executive Board takes office on April 1st, 2011 and their term lasts until March 31st, 2012. Congratulations to the new board!

## MSNA will be at the NSNA NATIONAL convention!

If you would like to get together and meet the new board please contact Josh Wallenstein at [wallenstein.msna@gmail.com](mailto:wallenstein.msna@gmail.com)

## National Convention and Conference

**The National Student Nurses' Association 59th Annual Convention/Conference.**

Defy Gravity: Reach New Nursing Summits!

National Convention: April 6-10, 2011

Salt Palace Convention Center,  
Salt Lake City, Utah

\*Registration now available online at <http://www.nсна.org/Meetings/AnnualConvention.aspx>



Salt Palace Convention Center. Photo taken from [www.saltpalace.com](http://www.saltpalace.com)



## Tidbits for March, 2011

How do you become a member of NSNA/MSNA?

1. Go to [www.nсна.org](http://www.nсна.org)
2. Click on Member Services/Join or Renew
3. Fill out your name and address
4. \$30 for your first year of membership
5. NSNA will contact you through e-mail and post mail
6. Membership at the national level automatically gives you state member-

What are the benefits of being a member of NSNA/MSNA?

- Nursing Journal Subscription discount
- Nursing apparel discount (visit [www.allheart.com](http://www.allheart.com))
- Study Tools Discount (including publication discounts)
- Pass NCLEX RN (online at [www.nсна.org](http://www.nсна.org))
- Barnes & Noble 10% off Discount

For more information visit:

<http://www.nсна.org/>



- Electronic versions of Convention Speaker Lisa **Mauri Thomas' "Top Tips for Nursing Resumes": [Presentation](#) & "Resume Evaluation Tool for Nurses" [Checklist](#)**

- Apply for an MNA Scholarship! Details [here](#) and application [here](#). Deadline is 4/1/2011!

- **Enter the HCMC "Future Scrubs" [Idea Contest](#).** Deadline is 4/15/2011!

## Farewell from the 2010-2011 Board



On behalf of the 2010-2012 MSNA Executive Board we would like to thank the nursing students of the state of Minnesota for allowing us to serve and represent you! It has been our honor to work with you for the past year.

Have a story or school nursing organization you would like to see featured in Vitals?

Email [communication.msna@gmail.com](mailto:communication.msna@gmail.com)