

SPECIAL
POINTS OF
INTEREST:

- Keynote Speakers
- Door Prizes
- Registration
- Meet the Board

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Minnesota Vitals

CONVENTION UPDATE

JANUARY 2012

2012 Convention Keynote Speakers

One of this years keynote speakers is Joanne Disch, PhD, RN, FAAN, Clinical Professor. She is the project director of "Improving Patient Safety Through Effective Nurse-Physician Partnerships", the chair of Population Health and Systems Cooperative Unit, Director of Katherine J. Densford International Center for Nursing Leadership, Katherine R. and C. Walton Lillehei Chair in Nursing

Leadership. Joanne will be speaking about this years theme "Heart of Nursing" and her heart in nursing. Joanne is currently a clinical professor at the University of Minnesota. She received her BSN from the

University of Wisconsin, her Masters from University of Alabama at Birmingham in Cardiovascular Nursing and



2012 MSNA Convention
"Heart of Nursing"

finally her PhD from the University of Michigan in Nursing Research. We look forward to having Joanne join

us this year and are excited to hear her speak.

Our second keynote speaker is Walter Bey, MS, CRC. Mr. Bey will be speaking to us about resume building and nailing the interview to land a nursing job. Walter is currently a

Placement specialist, Vocational Consult, and is a Nationally Certified Facilitator. We look forward to learning vital tips to building a great resume and landing an interview at the clinic or hospital of our choice!

The MSNA Executive Board welcomes both Joanne and Walter to Rochester with much excitement!

Convention Registration

Registration is currently available [online](#). It can be paid by credit card through the website or you may download a PDF form and send in a check or cash. Please make check payable to "Minnesota Student Nurses Association". The convention fees are \$40 for NSNA/MSNA

members and \$45 for non-members. However, please note that the fee does go up \$5 for members and non-members to register the day of. This years prices include a t-shirt, breakfast, lunch, and a goody bag! If you have any questions about registration please do not hesi-

tate to contact Steph at communication.msna@gmail.com and she will get back to you as soon as possible. To ensure that you receive the size shirt you would like, please register by Saturday January 14th. Looking forward to seeing everyone there!

Interested in running for the Executive Board?

We are in search for our new board members for the 2012-2013 school year! The executive board positions are held April 1st through March 31st of the following year. For those interested in running



please check out the forms available on our web page under the [“Convention 2012”](#) tab. Running for the MSNA Executive Board allows you to network with people all across the country, serve as a nursing leader at the state level, and promote the good in nursing. You must be a current NSNA member to apply for the board. If you are not, please visit the

[NSNA membership website](#) to join, it only takes a few minutes!

There is a list of responsibilities for

each board member listed and within the application there will be a section to choose which position you would like to run for.

The bio we ask for will be read at convention for voters to use to aid in their voting decision. The voting elections will be held in the

morning with the results

announced later on in the day.

Please send any questions or

completed applications to Steph at communication.msna@gmail.com

MINNESOTA
STUDENT
NURSES
ASSOCIATION

NCLEX Review: Hurst & Kaplan

This year MSNA has been lucky to have the interest of two NCLEX review companies. We will be having Hurst Review with Linda Kent and a Kaplan Review with Barbara Sarr. Each review will consist of an hour therefore nursing

students have options to which review company they would like

to look into upon graduation.

Each company will be reviewing material of their choice for that specified hour. We hope this helps students looking for NCLEX options, especially those students who will be graduating in the spring.

Both Hurst & Kaplan will have a vendor table where they will be

selling their review books and to answer questions about review sessions they offer!

We look forward to having them both attend our convention!

Door Prizes

There are several great prizes that we will be giving out thanks to some awesome sponsors!

-Scrubs & Beyond Gift Cards

-Pair of Dansco Shoes

-Kaplan Review Session (valued at over \$500)

-Elsevier Books

-30 day Hurst Review

-Water Bottles

-Reusable Bags

-Badge Extenders

-Plus Much More!

Also a special thanks to Scrubs & Beyond for giving all nursing students 10% off all online pur-

chases when entering the code



“SL2SS10”. Please check out their [website](#) to submit your order now!

Meet the Executive Board



Steph Pasch Director of Communications

Steph is currently a junior at the University of Minnesota on the Rochester campus. She holds the Director of Communication position on the MSNA Executive Board. Outside of MSNA she is also a class representative on the Nursing College Board for the U of M on the Rochester campus and volunteers as a swim coach for the Rochester Area Special Olympics swim team. After graduation, Steph hopes to

land a job with the Mayo Clinic in Rochester, MN to work in labor and delivery in the OB department.

She currently serves at Victoria's Ristorante & Wine Bar in downtown Rochester. Steph enjoys homemade spaghetti and her favorite color is pink and purple. Although her favorite quote is long, she finds it inspiring. "Every day, think as you wake up: Today I am fortunate to have woken up. I am alive, I have a precious human life.

I am not going to waste it. I am going to use all my energies to develop myself, to expland my heart out to others, to achieve enlightenment for the benefit of all beings. I am going to have kind thoughts towards others. I am not going to get angry, or think badly about others. I am going to benefit others as much as I can."
~His Holiness the XIVth Dalai Lama

Marie is the current Secretary/Treasurer on the MSNA board. She is a junior at the University of Minnesota on the Rochester campus. She also serves as the treasurer for the U of M Rochester Nursing College Board and the Membership Director for the U of M NSNA chapter. Marie has enjoyed working at an assisted living facility in

the past and her joy for taking care of geriatric patients has lead her to nursing. Upon graduation she would like to pursue a career in the geriatric field and continue to provide positive influences.

Marie has been figure skating for the past nineteen years and was a member of the Adult Synchronized Skating team in Rochester.

Her favorite colors are dark purple and black and she loves

cheesy mashed potatoes with sour cream, bacon and broccoli.

Marie does home cares for a patient with multiple sclerosis and enjoys building patient rapport.

The movie "Elf" has inspired Marie as her favorite quote has come from it, "I just like to smile, smiling is my favorite." Marie will graduate in the Spring of 2013.



Marie Smith
Secretary/Treasurer

Whitney is the current Convention Chair on the MSNA Executive Board. She is a junior at the University of Minnesota on the Rochester campus and also serves as a class representative for the Nursing College Board and the Program Director on the U of M NSNA chapter. Upon graduation she would like to be a pediatric nurse then move to hospice later on

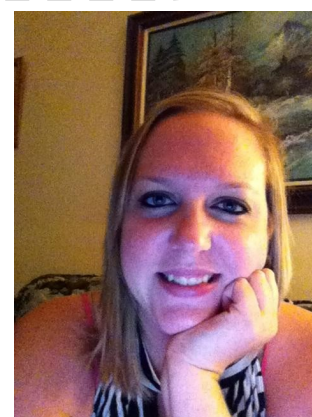
in her career. She currently works with special needs children in the Rochester area as well as doing in home care for a multiple sclerosis patient. She enjoys caring for others and finds great joy in it.

Her favorite food is pizza pasta and her favorite color is pink. She was also born on Valentine's Day and has visited five different

countries.

Whitney's favorite quote is "Twenty seconds of insane courage....something great will come of it" from "We Bought a Zoo."

Whitney enjoys her position on the board as she loves planning things and has met several new contacts around the country.



Whitney Jack
Convention Chair



Don't hesitate to contact us with questions, comments or concerns; that is what we are here for!

Also check out our website at www.minnesotasna.org

"Like" us on [Facebook](#) too!

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Interested in Joining???

There are plenty of perks to joining NSNA/MSNA!

By becoming a NSNA member you are automatically considered a member at the state level! While there is an annual fee to becoming a NSNA member, in return, members receive numerous discounts, a copy of

Imprint Magazine (official NSNA newsletter) every other month, as well as the option to run for the state or national board.

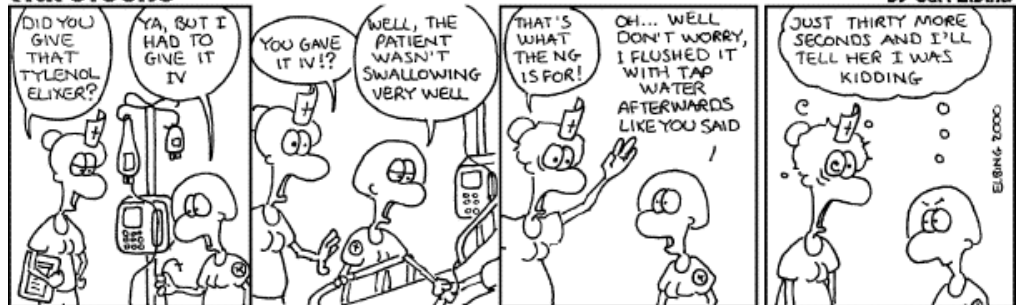
Not only do you receive discounts, but you also have many opportunities to network with others throughout the state as well as the country.

For more information and to join NSNA/MSNA please check out the [NSNA membership website](#).



You know you're a nurse if... you triage the laundry when at home: This pile needs immediate attention, the pile can wait, this pile, with a little stain stick will be OK until you get back to it. ~Donna Wilk Cardillo

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by Carl Elbing

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